

[H] ST. LAURENCE CHURCH
DIOCESE OF CANTERBURY
THE HOLY EUCHARIST FROM
THE BOOK OF COMMON
PRAYER
THE SEVENTH SUNDAY AFTER
TRINITY



31.7.2022

The Zoom details for this service are:

Meeting ID: 457 244 0784

Passcode: 5i1UCa

Wearing masks is now optional. We are using the Virtual Organ in our Worship today.

We welcome Bishop David Bannerman, our celebrant for today. Mary Tanner is our preacher for today. Fr. Rodney is at Canterbury Cathedral this morning for the opening service of the Lambeth Conference.

Hymn

O worship the Lord in the beauty of holiness!

Bow down before him, his glory proclaim;
with gold of obedience, and incense of lowliness,
kneel and adore him: the Lord is his Name!

Low at his feet lay thy burden of carefulness,
high on his heart he will bear it for thee,
and comfort thy sorrows, and answer thy prayerfulness,
guiding thy steps as may best for thee be.

Fear not to enter his courts in the slenderness
of the poor wealth thou wouldst reckon as thine;
for truth in its beauty, and love in its tenderness,
these are the offerings to lay on his shrine.

These, though we bring them in trembling and fearfulness,
he will accept for the Name that is dear;
mornings of joy give for evenings of tearfulness,
trust for our trembling and hope for our fear.

O worship the Lord in the beauty of holiness!

bow down before him, his glory
proclaim;
with gold of obedience, and in-
cense of lowliness,
kneel and adore him: the Lord is
his Name!

Our Father who art in heaven,
Hallowed be thy Name, Thy king-
dom come, Thy will be done, In
earth as it is in heaven. Give us
this day our daily bread. And for-
give us our trespasses, As we
forgive them that trespass
against us. And lead us not into
temptation; But deliver us from
evil. Amen.

**Almighty God, unto whom all
hearts be open, all desires
known, and from whom no se-
crets are hid: Cleanse the
thoughts of our hearts by the
inspiration of thy Holy Spirit,
that we may perfectly love
thee, and worthily magnify thy
holy Name; through Christ our
Lord. Amen.**

Jesus said: Thou shalt love the
Lord thy God with all thy heart,
and with all thy soul, and with all
thy mind: This is the first and
great commandment. And the
second is like unto it, Thou shalt
love thy neighbour as thyself. On
these two commandments hang
all the law and the prophets.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Priest. The Lord be with you;

People. And with thy spirit.

Let us pray

Collect of the Day.

Lord of all power and might, the
author and giver of all good
things: graft in our hearts the love
of your name, increase in us true
religion, nourish us with all good-
ness, and of your great mercy
keep us in the same; through Je-
sus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit, one
God, now and for ever.

Amen.

**Epistle - read by Stephen
Ringer**

The Epistle is written in the book
of the Acts of the Apostles, chap-
ter fifteen beginning at the sixth
verse

The apostles and elders met to
consider this question. After
much discussion, Peter got up
and addressed them: "Brothers,
you know that some time ago
God made a choice among you
that the Gentiles might hear from
my lips the message of the gos-
pel and believe. God, who knows

the heart, showed that he accepted them by giving the Holy Spirit to them, just as he did to us. He did not discriminate between us and them, for he purified their hearts by faith. Now then, why do you try to test God by putting on the necks of Gentiles a yoke that neither we nor our ancestors have been able to bear? No! We believe it is through the grace of our Lord Jesus that we are saved, just as they are.”

The whole assembly became silent as they listened to Barnabas and Paul telling about the signs and wonders God had done among the Gentiles through them. When they finished, James spoke up. “Brothers,” he said, “listen to me. Simon has described to us how God first intervened to choose a people for his name from the Gentiles. The words of the prophets are in agreement with this, as it is written. It seemed good to the Holy Spirit and to us not to burden you with anything beyond the following requirements: You are to abstain from food sacrificed to idols, from blood, from the meat of strangled animals and from sexual immorality. You will do well to avoid these things.

Here endeth the Epistle

Gradual Hymn

Hark, my soul, it is the Lord;
'tis thy Saviour, hear his word;
Jesus speaks, and speaks to thee,
'Say, poor sinner, lov'st thou me?

'I delivered thee when bound,
and, when wounded, healed thy wound;
sought thee wandering, set thee right,
turned thy darkness into light.

'Can a woman's tender care
cease towards the child she bare?

Yes, she may forgetful be,
yet will I remember thee.

'Mine is an unchanging love,
higher than the heights above,
deeper than the depths beneath,
free and faithful, strong as death.

'Thou shalt see my glory soon,
when the work of grace is done;
partner of my throne shalt be:
say, poor sinner, lov'st thou me?'

Lord, it is my chief complaint
that my love is weak and faint;
yet I love thee, and adore;
O for grace to love thee more!

Gospel Reading

The Lord be with you

People: And with thy Spirit

The Holy Gospel is written in the twenty eighth chapter of the gospel according to Matthew beginning at the sixteenth verse.

People: Glory be to thee, O Lord.

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshipped him, but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age."

People: Thanks be to thee, O Lord.

Reflection given by Mary Tanner

The Nicene Creed

I believe in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God,

Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God, Begotten, not made, Being of one substance with the Father, By whom all things were made: Who for us men, and for our salvation, came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, the Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic and Apostolic Church. I acknowledge one Baptism for the remission of sins, And I look for the Resurrection of the dead, And

**the life of the world to come.
Amen.**

None of us liveth to himself, and no man dieth to himself. For whether we live, we live unto the Lord; and whether we die, we die unto the Lord: whether we live therefore, or die, we are the Lord's. Rom. 14.

Offertory Hymn during which a collection is taken

The Church's one foundation
is Jesus Christ, her Lord;
she is his new creation
by water and the Word.
From heav'n he came and
sought her
to be his holy bride;
with his own blood he bought
her,
and for her life he died.

Elect from ev'ry nation,
yet one o'er all the earth;
her charter of salvation:
one Lord, one faith, one birth.
One holy name she blesses,
partakes one holy food,
and to one hope she presses,
with ev'ry grace endued.

The Church shall never perish.
Her dear Lord to defend,
to guide, sustain, and cherish,
is with her to the end.
Tho' there be those that hate her
and strive to see her fail,

against both foe and traitor
she ever shall prevail.

Tho' with a scornful wonder
the world sees her oppressed,
by schisms rent asunder,
by heresies distressed,
yet saints their watch are
keeping;
their cry goes up, "How long?"
and soon the night of weeping
shall be the morn of song.

'Mid toil and tribulation
and tumult of her war
she waits the consummation
of peace forevermore
till with the vision glorious
her longing eyes are blest,
and the great Church victorious
shall be the Church at rest.

Bless, O Lord, we beseech thee,
these thy gifts and sanctify them
unto this holy use, that by them
we may be fed unto everlasting
life of soul and body; through
Jesus Christ our Lord. **Amen.**

Bidding prayers are offered

We pray for the recently
departed:

We pray those whose years
mind occur this month: Harry
Harttrup, Frank Collins,
Raymond Dreyer, Mary Porter,
George Williams, Grace Dreyer,
Biddy Woods, Gloria Cox.

Rosemary Whittome, Philip Warner, Alfred Mills, Reginald Wheelhouse, Louisa Shilling

Let us pray for the whole state of Christ's Church.

Almighty and everliving God, who by thy holy Apostle hast taught us to make prayers, and supplications, and to give thanks, for all men: We humbly beseech thee most mercifully to accept our alms and oblations and to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: And grant, that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity, and godly love.

We beseech thee also to lead all nations into the way of righteousness and peace, and to direct all Kings, Presidents and Rulers that under them the world may be godly and quietly governed. And grant unto thy Servant ELIZABETH our Queen, her ministers and parliaments, and all that are set in authority throughout her Dominions, that they may truly and impartially minister justice to the removing of wickedness and vice, and to

the maintenance of order and right living.

Give grace, O heavenly Father, to all Bishops, Priests and Deacons, and especially to thy Servants Justin and Rose our Bishops, that they may both by their life and doctrine set forth thy true and living Word, and rightly and duly administer thy holy Sacraments: And to all thy people give thy heavenly grace; and specially to this congregation here present; that, with meek heart and due reverence, they may hear, and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life. Guide and prosper, we pray thee, all those who are labouring for the spread of thy Gospel among the nations.

And to all Schools and Universities grant the light of thy Spirit, that the world may be filled with the knowledge of thy Truth. And grant to all men in their several callings that they may seek the common welfare, and promote good will and brotherhood on earth.

And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in

trouble, sorrow, need, sickness, or any other adversity.

And we commend to thy gracious keeping, O Lord, all thy servants departed this life in thy faith and fear, beseeching thee to grant them mercy, light and peace both now and at the day of resurrection.

And here we do give unto thee, O Lord, most high praise and hearty thanks for the wonderful grace and virtue declared in all thy Saints, and chiefly in the Blessed Virgin Mary, Mother of thy Son Jesus Christ our Lord and God, and in the holy Patriarchs, Prophets, Apostles and Martyrs; beseeching thee to give us grace that we, rejoicing in the Communion of the Saints, and following the good examples of those who have served thee here, may be partakers with them of thy heavenly kingdom: Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith,

and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Absolution

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of

sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him:

Come unto me all that travail and are heavy laden, and I will refresh you. St. Matth. 11. 28.

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. St. John 3. 16.

Hear also what Saint Paul saith: This is a true saying, and worthy of all men to be received, That Christ Jesus came into the world to save sinners. 1 Tim. 1. 15.

Hear also what Saint John saith: If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins. 1 St. John 2. 1

The Eucharistic Prayer

The Lord be with you;
And with thy spirit.
Lift up your hearts;
We lift them up unto the Lord.
Let us give thanks unto our Lord God;
It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God.

Who, with thine only-begotten Son and the Holy Ghost art one God, one Lord, in Trinity of Persons and in Unity of Substance, who hast created all things through thy eternal Word.

Through Jesus Christ our Lord; who hath brought life and immortality to light, that we, who are burdened by the weight of sin and death, may grieve not as those who have no hope; because we know that when our earthly tabernacle is dissolved we have a better habitation.

Therefore with Angels and Archangels and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

Holy, holy, holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to thee, O Lord most High. Amen.

All Glory and Thanksgiving be to thee, Almighty God our heavenly Father, for that thou of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who (by his one oblation of himself once offered) made a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we, receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood: who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it, and gave it to his disciples, saying, Take eat, this is my Body which is given for

you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all of this; for this is my Blood of the New Testament, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it in remembrance of me.

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son, our Saviour Jesus Christ, we thy humble servants, having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension, do render unto thee most hearty thanks for the innumerable benefits procured unto us by the same; and, looking for his coming again with power and great glory, we offer here unto thy divine majesty this holy Bread of eternal life and this Cup of everlasting salvation; and we humbly beseech thee to pour thy Holy Spirit upon us and upon these thy gifts, that all we who are partakers of this holy Communion may worthily receive the most precious Body and Blood of thy Son, and be fulfilled with thy grace and heavenly benediction.

And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee.

And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all Honour and glory be unto thee, O Father Almighty, world without end . **Amen.**

As our Saviour Jesus Christ hath commanded and taught us, we are bold to say:

Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, In earth as it is in

heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, The power, and the glory, For ever and ever. Amen.

Communion

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

Draw near and receive the Body and Blood of our Lord Jesus Christ, which were given for you, and feed on him in your hearts by faith with thanks giving.

A Prayer as we join with those watching and worshipping with us on Zoom

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive you into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

The Distribution of Communion
Updated C of E guidance states that Holy Communion should now be offered in both kinds, unless there are clear and objective reasons not to do so. It has been decided to offer Holy Communion in both kinds and to advise those who do not wish to receive the wine to indicate this by raising their hand when offered it.

Hymn during Communion

Sweet Sacrament divine,
hid in thine earthly home,
lo, round thy lowly shrine,
with suppliant hearts we come;
Jesus, to thee our voice we raise

in songs of love and heartfelt
praise:
sweet Sacrament divine.

Sweet Sacrament of peace,
dear home for every heart,
where restless yearnings cease
and sorrows all depart;
there in thine ear all trustfully
we tell our tale of misery:
sweet Sacrament of peace.

Sweet Sacrament of rest,
ark from the ocean's roar,
within thy shelter blest
soon may we reach the shore;
save us, for still the tempest
raves,
save, lest we sink beneath the
waves:
sweet Sacrament of rest.

Sweet Sacrament divine,
earth's light and jubilee,
in thy far depths doth shine
thy Godhead's majesty;
sweet light, so shine on us, we
pray,
that earthly joys may fade away:
sweet Sacrament divine.

Thanksgiving

O give thanks unto the Lord, for
he is gracious;
**And his mercy endureth for
ever.**

Almighty and everliving God, we
most heartily thank thee, for that

thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son. And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

The Gloria

GLORY be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesus Christ; O Lord God,

Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

The Blessing

Christ, whose glory is in the heavens, continue to fill this house of worship and illuminate your hearts; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

Amen.

Notices

Hymn:

Immortal Love for ever full,
for ever flowing free,
for ever shared, for ever whole,
a never-ebbing sea.

Our outward lips confess the name
all other names above;
love only knoweth whence it came
and comprehendeth love.

We may not climb the heavenly
steeps
to bring the Lord Christ down;
in vain we search the lowest
deeps,
for him no depths can drown:

But warm, sweet, tender, even
yet
a present help is he;
and faith has still its Olivet,
and love its Galilee.

The healing of his seamless
dress
is by our beds of pain;
we touch him in life's throng and
press,
and we are whole again.

Through him the first fond pray-
ers are said
our lips of childhood frame;
the last low whispers of our dead
are burdened with his name.

Alone, O Love ineffable,
thy saving name is given;
to turn aside from thee is hell,
to walk with thee is heaven.

AT YOUR SERVICE

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